



One out of every three people
 in the **Tulsa** area is suffering
 with a **mental health** issue.

They fight a daily battle with depression, anxiety, phobias and other debilitating ailments...or they are caring for someone who is.

They need help. They need support. They need information and education. Some of them need a safe place to call home. The Mental Health Association in Tulsa works hard to fulfill those needs and improve their quality of life.

You can help us achieve that goal. Your support will assist us as we work on *Building Lives*.

The Mental Health Association in Tulsa

Founded in 1954 as one of the first Mental Health Associations in the nation, the Tulsa affiliate has dedicated itself to finding ways to promote mental health.

Our Mission:

The Mental Health Association in Tulsa is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illness through advocacy, education, research, service and housing.

Mental Health Association in Tulsa

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The Mental Health Association in Tulsa is a non-governmental, community non-profit, United Way agency.



BUILDING LIVES



MENTAL HEALTH ASSOCIATION IN TULSA



